

**Make sure your bike is in 100% working order before the ride. Full inspection by your mechanic is mandatory**

<u>General Packing List</u>		<u>Biking Equipment List</u>		<u>Geerz Swag - We are giving you the following:</u>
Socks		Helmet		2 Riding Jerseys
Underwear		Gloves		Sponsor T-Shirt
Toiletries		Riding Shoes (Extra Cleats)		2 Pairs of Socks
PJ's, Bathing Suit		(Suggested: Not Required) Armor / Pads (Legs /Aarms)		Skullcap
Sandals / Shoes		Hydration Backpack 3L or a Backpack with 3L Water bottles		Daily Nutrition Packet
Bug Spray		2 Tubes with Anti-Puncture Goo		Geerz Customized Softshell Jacket
Extra Battery / External Battery for Charging		Toolkit		Geerz Customized Waterproof Luggage Bag
Cash / Credit Card		Pump		Ear Plugs
Health Fund Card		Tissues / TP		Anti-Chaffing Cream (Travel Size)
Après Ride Clothing (T-Shirt, Pants, Socks, Undergarments)		Base Layer Riding Shirts		Sun Screen
Extra Favorite Food, Nighttime Snacks, Energy and Recovery Bars Salt Tablets		Biking Sunglasses		2 Water Bottles
Laptop/Business Work Essentials, Charging Cables		Alcohol Wipes		Gloves
Material for Reading / Learning		Pain Reliever		
Tefillin & Siddur		Band Aids		
		Anti-Bacterial Cream		
<b>Feel free to bring a bottle of your favorite spirit and a bag of your favorite snack to chill around the camp fire on night 2 of the ride.</b>				