



Bike Mechanic Check-List

Date: _____ Name of Child: _____

- ☐ Tires (good tread, not dry, not cracked)
 - ☐ Front ☐ Rear
- ☐ Spokes intact and secured
 - ☐ Front ☐ Rear
- ☐ Fresh Anti-Puncture Goo in Tires
 - ☐ Front ☐ Rear
- ☐ Brake pads are good
 - ☐ Front ☐ Rear
- ☐ Brake levers functional (Bike must have 2 brake levers for front and rear brakes)
 - ☐ Front (Left) ☐ Rear (Right)
- ☐ Shifters are functional
 - ☐ Front (Left) ☐ N/A ☐ Rear (Right)
- ☐ Front & Rear Derailleur shifting properly through all gears (Minimum of 7 gears required)
 - ☐ Front ☐ N/A ☐ Rear
- ☐ Chain is in good & functional condition (not rusty) - and properly lubricated
- ☐ Pedals are in good condition
- ☐ Seatpost can be lowered
- ☐ Front suspension/shock is working properly (rubber seals ok)
- ☐ Handlebar grips are in good condition with end-caps installed
- ☐ Wheels & wheel hubs are in good condition and there is no side-to-side movement

If installed:

- ☐ Bottle cage properly and securely installed
- ☐ Kickstand properly and securely installed

Bike and Helmet Fit:

- ☐ The bike is of the appropriate size for the rider
- ☐ The brake and shifter lever angle and distance are appropriate for the rider
- ☐ The helmet properly fits the rider
- ☐ The helmet is in good condition and can be properly fastened around the back of the head and under the chin

General Comments: _____

Date: _____ Name of Bike Shop completing Inspection: _____

Name of mechanic completing inspection: _____ Mechanic Signature: _____

IMPORTANT: Please make sure your child brings this completed and signed form along to the first ride with them.
Any child who does not have this form will unfortunately not be able to join the ride.